

MAY-JUNE 2018

During May and June, we will be looking at the Virtue of **TRUTHFULNESS**.

THE VIRTUES PROJECT™ Educator's Guide by Linda Kavelin Popov defines TRUTHFULNESS as "being honest in your words and actions."

What would Truthfulness look like if...

- Someone tells you that your best friend is saying mean things about you and doesn't want to be your friend anymore?
- You find yourself making excuses to cover up a mistake?
- You feel like exaggerating how well you did in a sports event?
- Someone makes a comment about all people of a different race?
- You feel like making up a fantastic story to scare your little sister?

We will emphasize to the students that practicing the virtue of Truthfulness can bring us a lot of peace, because, in the words of Mark Twain,

" If you tell the truth, you never have to remember anything."

*Mme Choinière
Spiritual Animator*