

TOLERANCE

JANUARY-FEBRUARY 2021... We will examine the ways we can practice the Virtue of Tolerance. During class time and Virtue Buddy readings, the following is a summary of the subjects we will cover:

We practice Tolerance when:

- We judge people, in the words of Martin Luther King Junior, by the content of their character, not by the colour of their skin.
- We do not prejudge people based on their religion.
- We do not assume everyone thinks as we do; we listen to and treat others' views with respect.
- Remember, you can't tell a book by its cover; don't judge others by their dress or appearance.
- We make an effort to find ways to adapt to changes in our lives which we find scary or hard to accept.
- We understand everyone, including ourselves, makes mistakes, and we are forgiving.

And that is what it means to practice Tolerance!

*Mme Choinière
Spiritual Animator*