

TRUSTWORTHINESS

MARCH-APRIL 2019

We will examine the ways we can practice the Virtue of TRUSTWORTHINESS. In our assembly and during Virtue Buddy readings, the following is a summary of the subjects covered:

- We keep our promises, and only make promises we can keep.
- We don't gossip. If we wouldn't say something to someone's face, don't say it behind their back.
- When we make a mistake, admit it, apologize, offer amends, and change our behavior.
- Rules are there to make life peaceful and fair for everyone...follow them.
- State what you will do, then do it.
- Don't lie. Don't cheat. Don't take others' things without permission. Practice honesty.

We will emphasize the importance of striving daily to practice the above; in so doing, we learn to:

Our quote of the month:

Be worthy of trust!!

*Mme Choinière
Spiritual Animator*