

Mme Choinière, Community and Spiritual Care Animator (CASCA), and the Dorset educational team, continue The Virtues Project™ this year, the purpose of which is to teach our students the concrete details of how to practice the virtues every day through their words and actions. We do this with weekly intercom Virtue Buddy readings, class visits and discussions on each of the virtues.

This year, we will concentrate on Courtesy, Kindness, Tolerance, Assertiveness and Co-operation. Below is the write-up on the first of these, Courtesy.

## CLEANLINESS

SEPTEMBER-OCTOBER 2019 we will examine the ways we can practice the Virtue of Courtesy. During class time and Virtue Buddy readings, the following is a summary of the subjects we will cover:

- We keep our language respectful and clean...no swearing or gross words.
- We listen, really listen when others are speaking.
- We wait our turn.
- Courteous word and greetings, such as 'Good Morning' and 'Thank You' become part of our daily vocabulary.
- We practice courteous table manners at home, at school, in restaurants and with friends.
- We are on time!
- We always ask permission before borrowing someone's things.
- We always knock before entering someone's room.

We will emphasize that it is through the consistent practice of Courtesy that we show respect and consideration for others.

Our quote of the month:

***MIND YOUR MANNERS!***

*Mme Choinière  
Spiritual Animator*